



अखिल भारतीय आयुर्वेद संस्थान  
**ALL INDIA INSTITUTE OF AYURVEDA (AIIA)**  
(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)  
(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

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**INVITATION FOR ARTICLES**

On the eve of International Yoga Day 2020, All India Institute of Ayurveda, New Delhi is inviting students, researchers and faculty of AYUSH and allied medical sciences to share their experiences on the following themes through Articles (Case Reports/Systemic Reviews/Original Articles).

**Themes:**

Psychological issues during the current Pandemic and Role of Yoga in reducing Stress

Role of Yoga in Improving Physical and Mental Health in Co-morbidity condition during COVID 19 Pandemic

Benefits of Yoga in Lifestyle Disorders

**SUBMISSION GUIDELINES**

**LANGUAGE**-Hindi (Krutidev)/English (Times New Roman)

**Format**- PDF Format

**Font Size**-12 in English and 14 in Hindi

The soft copy of the Article should be submitted through email -  
Aiaa2020idy@gmail.com

Submission must be original and unpublished

All participants should strictly abide by the guidelines. Any deviance should lead to disqualification.

Decision of organizing committee would be final.

**GUIDELINES FOR CASE REPORT:**

Case Studies concern successful application of treatment, adverse events or novel Observation of a single case. The cases should be unique, describing a great diagnostic or therapeutic challenge and providing a learning point for the readers. Restrict the manuscript to about 1,500 words (excluding about 20 references), 2 non-text items and include a non-structured abstract of up to 200 words. Please follow CARE Statement available on <http://www.care-statement.org> for structuring case reports. Patient's identity should not be revealed from the clinical photographs or CT/USG pictures.

**Systemic Review Article**

Review articles written by individuals who have done substantial work on a subject or by Experts in the field are appreciated. They should be systematic, state-of-art comprehensive reviews of the subject including author(s) own inputs. A good review article may have author(s) claim / view after going through scientific literature pertaining to a specific area, reasons behind the claim / view, factual evidences discussing the claim / view and finally novel conclusions drawn after interlinking many research findings. The

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section titles should depend upon the topic reviewed. Authors submitting a review article should include a section describing the methods used for locating, selecting, extracting, and synthesizing data. These methods should also be summarized in the abstract. A review article should not be a mere compilation. Restrict non-structured abstract to 250 words and manuscript to about 6000 words (excluding about 80 references) and about 8 non- text items.

### **Original Research Articles**

Research conducted on humans should be in compliance with the Declaration of Helsinki and the principles of Good Clinical Practices wherever applicable. Approval of research by relevant ethics committee is mandatory and should be mentioned wherever applicable. Protection of Patients' Rights to Privacy: Any information that could reveal identity of individuals in written descriptions, photographs, sonograms, CT scans, etc., should not be included in the manuscript unless the information is essential for scientific purposes and the patient (or parent or guardian, wherever applicable) gives written informed consent for publication. Informed consent should be mentioned in the article. The office may ask for copy of the consent form, original data, which should be provided on request.

Restrict the structured abstract to 250 words and the manuscript to about 5000 words (excluding about 70 references) and 8 non-text items. Each manuscript should clearly state an objective or hypothesis; the design and methods (including the study setting and dates, patients or participants with inclusion and exclusion criteria, or data sources, and how these were selected for the study).

Authors should include the essential features of interventions; the outcome measures; the results of the study; a discussion section placing the results in context with the published literature and addressing study limitations; and the conclusions. Clinical trials (interventional studies) only those are registered with Clinical Trials Registry- India (CTRI) <http://www.ctri.nic.in> will be considered for publication. The authors need to mention CTRI registration number in covering letter and in the article file. All the randomized controlled trials should be described on the basis of revised CONSORT statement, which is available at <http://www.consort-statement.org>. Authors need to mention details about authentication of ethics committee clearance, informed consents from patients and guidelines followed for the study.

### **HIGHLIGHTS**

Selected article will be published in the compendium and will be released by All India Institute of Ayurveda.

## **JUDGEMENT CRITERIA**

The Members of the peer review committee are experienced Ayurveda professionals with good reputation as writers, authors and teachers.

Articles will be judged according to following Criteria:

- a) Substances and Originality
- b) Clarity and Creativity
- c) Language and Grammar
- d) Presentation

## **IMPORTANT DATES**

Last date of Submission of article: 17th June 2020



Prof. Tanuja Manoj Nesari

(Director, AIIA)