



अखिल भारतीय आयुर्वेद संस्थान
ALL INDIA INSTITUTE OF AYURVEDA (AIIA)
(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)
 (An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

S-12/2/2026-AIIA

YOGA WELLNESS TRAINER COURSE

All India Institute of Ayurveda is an apex Autonomous Institute under the Ministry of AYUSH, Govt. of India. The institute is having an attached referral and tertiary care super specialty hospital. The mandate of the institute is to set highest standards of education, research, patient care and also to function as a Centre for international collaboration.

Yoga wellness training is an integral part of holistic health management and is gaining significant global recognition. The Yoga Wellness Trainer course, affiliated with the Health Sector Skill Council (HSSC) and National Skill Development Corporation (NSDC), offers excellent career opportunities in yoga institutes, wellness centers, health resorts, and hospitals across the world.

The institute invites applications for the 6-month Yoga Wellness Trainer course for the academic year 2026 from eligible candidates in the prescribed format, which can be downloaded along with other details from the website aiaa.gov.in.

Educational Qualification – 12th pass

Selection procedure – First cum first serve

Last date for accepting the application: 31/05/2026

DIRECTOR



ALL INDIA INSTITUTE OF AYURVEDA

(An Autonomous institute under the Ministry of AYUSH, Govt of India)

Gautampuri, Sarita Vihar, Mathura Road, New Delhi – 110076

Website: [Ayush Sub Sector Skill Council - All India Institute of Ayurveda, New Delhi \(aiia.gov.in\)](http://Ayush Sub Sector Skill Council - All India Institute of Ayurveda, New Delhi (aiia.gov.in))

Academic Brochure

2026-2027



YOGA WELLNESS TRAINER COURSE

**Training Centre affiliated to
Healthcare Sector Skill Council (HSSC)
&
Ayurveda Training Accreditation Board (ATAB)**

**Last date for receiving Applications
31st May 2026**



All India Institute of Ayurveda (AIIA)

All India Institute of Ayurveda is an apex institute of Ayurveda. It aims at bringing synergy between traditional wisdom of Ayurveda along with modern tools and technology.

The institute offers post graduate and doctoral courses in various disciplines of Ayurveda. It focuses on fundamental research of Ayurveda, drug development, standardization, quality control and scientific validation of Ayurvedic medicine.

It is having a 200-bed hospital for facilitating patient care and clinical research. The institute also works a nodal center for international collaborative research work.

YOGA WELLNESS TRAINER COURSE

What is Wellness Trainer?

The Yoga Wellness Trainer Course is a professional program designed to develop skilled Yoga instructors for wellness and preventive healthcare. It provides both theoretical knowledge and practical training in Asana, Pranayama, Meditation, and relaxation techniques. The course focuses on improving physical, mental, and emotional well-being through Yoga. It also includes basic understanding of diet, and lifestyle management. Emphasis is given to safe practice, proper techniques, and effective teaching methodology.

The course offers

This course helps one who learns the same to be technically trained and confident along with a deeper insight to the healing science of Yoga & Ayurveda and its principles. At the same time the course even provides an ultimate opportunity for the ones who undergo, to place themselves globally in a very high demanding job in Ayurvedic hospitals, yoga centers, Health resorts, wellness centers, corporate sectors etc. The demand for skilled Yoga Professionals is on high-rise as the acceptance of Yoga is widely spreading across the globe.



Advantages with AIIA

The candidate gets to learn from the most experienced and best faculty along with the most premier infrastructure in the country. Every candidate undergoing the course will be confident and trained a class apart from the rest. After due completion of the course the candidate will be awarded the certificate from AIIA, the premier institution of the country providing a higher reputation and acceptance at global platform.



Admission in Yoga Wellness Trainer Course

Eligibility for Admission

- 10 +2 Passed out any recognized school by state board/ CBSE/ICSE or any other recognized board by Govt. of India.

Age Limit

- Minimum 18 Years

Health status

- The candidate must be physically fit along with good physical and mental endurance.

Duration

- Six Months (3 hour per day) from 1st July 2026 – 31st December 2026

Selection Procedure

- Based on First cum First Serves

Medium of Instruction

- English and Hindi

Seats

- 20 students per batch

Hostel facility

- Not available

GENERAL INFORMATION AND CONDITIONS

Applicants are advised to read all instructions carefully before sending their applications

1. All applicants must fulfill the essential requirements of the course and other conditions stipulated in the advertisement as on the last date of receipt of the applications (31ST May 2026). They are advised to satisfy themselves before applying that they possess essential criteria laid down. Candidates waiting for their +12 result may also apply, provisionally. Such candidates must pass qualifying examination on or before the date of counseling.
2. If any document/Certificate furnished in a language other than Hindi or English, a transcript in Hindi/English of the same duly attested by a Gazetted Officer or Notary is to be submitted.
3. The date for determining the age and qualification will be the closing date prescribed for receipt of application.
4. Reservation status will be applicable as per central government norms.
5. Institute reserves the right to make any amendment, cancellation and changes in this advertisement in whole or as per part without assigning any reason thereof.
6. Any corrigendum/order regarding this advertisement will be issued on the website only. Candidates are advised to remain in touch with the website for this purpose. No separate corrigendum etc. will be published in Newspaper.
7. Applicants will be fully responsible for the accuracy of the information they furnish. Any information furnished by the candidate if found wrong at any stage will result in his/her disqualification and/or dismissed from the service at any stage and No correspondence will be entertained at all.
8. The call letter, if shortlisted shall be sent by and e-mail. However, the Institute shall not be responsible for any delay or lapse, whatsoever.
9. No Correspondence or personal inquiries shall be entertained.
10. Candidate would have 15 days' time for withdrawal of candidature after admission.
11. If a student do not complete the course and leave at his/her own wish due to any reasons whatsoever, student cannot claim the fees.

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12. In case of any dispute on this issue, the jurisdiction will be in Delhi.
 13. Canvassing in any form will be treated as a disqualification. The decision of the Director, All India Institute of Ayurveda (AIIA) will be final in this regard.
 14. The 90% attendance both in theory and practical is essential to allow the student for the examination, the students are allowed to avail a maximum 6 leaves during the course period of six months.
 15. On completion of the full program of the training, the trainee's theoretical and clinical competence in yoga will be independently evaluated through written and practical examination and will be conducted by Healthcare Sector Skill Council (HSSC) through National Skill Development Corporation (NSDC).
 16. On successful completion of both Theory and Practical examination, trainee will be awarded a Yoga Wellness Trainer by Healthcare Sector Skill Council (HSSC) through National Skill Development Corporation (NSDC).

Application Fee (by Bank Demand Draft (DD) only):

All interested applicant has to attach a Demand Draft for an amount of Rs.350/ along with application form.

Application fee: Bank Demand Draft(DD) in favor of
“Director, All India Institute of Ayurveda” payable at **New Delhi**.

On backside of DD, candidate must mention- Candidate name, category and course applied for.

Application Fee once paid will not be refunded under any circumstances.

How to apply:

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website <https://aiia.gov.in> as per the prescribed Performa of Applications form. Institute will not consider any another format or application Performa.

Application completed in all respect enclosing self-attested copies of all certificates, mark sheets, testimonials in support of age, educational qualifications, caste/community in prescribed format by Govt. of India, the supporting documents

along with application should be sent in an envelope superscripted "APPLICATION FOR YOGA WELLNESS TRAINER 2026-27" by registered/Speed-Post on or before the last date (31.05.2026), to:

**The Director,
All India Institute of Ayurveda (AIIA)
Gautampuri, Sarita Vihar, Mathura road,
New Delhi-110076**

Candidate must sign in the application form.

Invalid Applications:

Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date
- Applications not in prescribed format
- Candidates not having the required qualifications
- Applications without latest photo not being pasted in the provided space
- Applications without declaration
- Application without signature
- Applications without supporting documents
- Applications, which are incomplete/illegible in any manner
- Applications without the prescribed Application Fee (as applicable)
- Application on another format not prescribed by AIIA

Last Date of receiving application:

The last date for receiving completed Application – **31st May 2026.**

In case the last date and receipt of application is declared holiday the date of receipt of the application will be considered as next working day.



FEE STRUCTURE FOR THE COURSE

Course fee – Indian Nationals (In Indian Rupees)	
Admission Fee	Rs12000/
Examination fee As per HSSC norms	As per HSSC norms

Total amount to be deposited at the time of admission- Rs 12,000/- (including tuition fee).

****Note - Assessment and Certification fee will be as per Healthcare Sector Skill Council (HSSC) norms at the completion of course fulfilling all the criteria's required for the same.**



योगश्चित्तवृत्तिनिरोधः॥



ALL INDIA INSTITUTE OF AYURVEDA (AIIA)

(An autonomous Organization Under the Ministry Of AYUSH, Govt of India)

Gautampuri, Sarita Vihar, Mathura Road, New Delhi – 110076

APPLICATION FORM

(For YOGA WELLNESS TRAINER COURSE)

Name of the course: _____

Advertisement No: _____

Category applied for: _____



(Affix one self-attested recent passport size

Photograph & an extra along with application)

Details of fee paid Amount(Rs.): _____ Bank DD No. _____ Dated: _____

1. Name in full : _____
(CAPITAL letters)

2. Father's /Husband's Name: _____

3. Address: (CAPITAL letters)

(i) Present address (for correspondence, with phone/mobile No. &E-mail)-

Email Id: _____ **Mobile No:** _____

(ii) Permanent home address- _____

4. Date of birth: dd ___ mm ___ yyyy _____ (in words) _____

Age (as on closing date of application according to Matriculation Certificate) _____

5. Nationality (Enclose Gov I.D) : _____ **6. Sex: Male** **Female**

6.(a) Mother Tongue : _____

(b) Other language(s) which the applicant can speak read and write fluently: _____

7. Whether belongs to SC/ST/OBC/PWD _____
(in support, please enclose a certificate from authorized Issuing Officer)

8. Examinations passed (Please enclose attested copy of each certificate & mark-sheet):

Examination passed	Name of the Board/ University	Percentage of Marks	Distinction/Rank, if any
10 th /Secondary/Any equivalent(name)			
12 th /Sr.Secondary/Any equivalent (name)			

9. Additional information, if any which you would like to mention in support of your suitability for selection:

—
(Enclose separate sheet, if the space is insufficient in any column)

10. DECLARATION

I affirm that information given in this application is true and correct. I also fully understand that if at any stage it is discovered that any attempt has been made by me to willfully conceal or misrepresent the facts, my candidature may be summarily rejected or terminated.

Place: _____

Signature of the candidate

Date:- _____

(Name in CAPITAL letters)

Annexure

Check-list

1. Bank Demand Draft (Application Fee)
2. All details from column 1 -10 duly filled clearly
3. Point number 4 – attached proof of date of birth
4. Point number 5 – attached government I.D
5. Point number 7 – attached required document
6. Point number 8 – attached attested marks list and certificate
7. Point number 9 – attached required document, if any
8. Two Recent passport size photograph (same as on application)
9. Copy of conduct certificate from the last attended institution



All India Institute of Ayurveda

Ministry of AYUSH, Government of India



Organized

Yoga Wellness Trainer Course

(Certificate Course – 450 Hours / 6 Months)



About the Course

The Yoga Wellness Trainer Course is designed to develop skilled professionals in Yoga for preventive, promotive, and therapeutic health care. Integrating classical Yoga with Ayurveda principles the course aims to create competent trainers for wellness and healthcare sectors.



Course Details

- Duration: 6 Months • 450 Hours
- Schedule: Monday to Saturday
- Daily Classes: Approx. 3 Hours



Course Details

- Duration: 6 Months
- Total Hours: 450 Hours
- Schedule: Monday to Saturday
- Daily Classes: Approx. 3 Hours



Curriculum Highlights

- Yoga Practices (Asana, Pranayama, Meditation)
- Basics of Ayurveda & Lifestyle Management
- Yoga Philosophy & Ethics
- Teaching Methodology & Practical Training



Eligibility

- Minimum 10+2 (any stream)
- Age: 18 Years & Above
- Basic knowledge/interest in Yoga



Why Join AIIA?

- Premier National Institute under Ministry of AYUSH
- Integrated approach of Yoga & Ayurveda
- Experienced Faculty & Clinical Exposure
- Hands-on Training in Therapeutic Yoga



Venue: All India Institute of Ayurveda (AIIA)

• Sarita Vihar, New Delhi – 110076