



# ALL INDIA INSTITUTE OF AYURVEDA

(An Autonomous institute under the Ministry of AYUSH, Govt of India)

Gautampuri, Sarita Vihar, Mathura Road, New Delhi - 110076

## Academic Brochure

2023



**AYURVEDA AHARA & POSHANA SAHAYAK**

**Last date for receiving Applications**

**15<sup>th</sup> June 2023**



### **All India Institute of Ayurveda (AIIA)**

All India Institute of Ayurveda is an apex institute of Ayurveda. It aims at bringing synergy between traditional wisdom of Ayurveda along with modern tools and technology.

The institute offers post graduate and doctoral courses in various disciplines of Ayurveda. It focuses on fundamental research of Ayurveda, drug development, standardization, quality control and scientific validation of Ayurvedic medicine.

It is having a 200-bed hospital for facilitating patient care and clinical research. The institute also works a nodal center for international collaborative research work.

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## AYURVEDA AHARA & POSHANA SAHAYAK

### What is AYURVEDA AHARA?

Ayurveda is one of the most popular and accepted traditional medicinesystems across the globe. Ahara (food) is **the most important factor for sustenance of life**. It is described as foremost pillar among the three pillars of life (Trayopsthambha viz. Ahara, Nidra and Bhramcharya) in Ayurveda. When body is supported by the Trayopstambhasa, it is endowed by growth, strength and complexion.



### The course offers

This course helps one who learns the same to be technically trained and confident along with a deeper insight to the healing science of Ayurveda and its principles. At the same time the course even provides an ultimate opportunity for the ones who undergo, to place themselves globally in a very high demanding job in Ayurvedic hospitals, Health resorts, wellness centers etc. The demand for skilled technicians are on high-rise as the acceptance of Ayurveda is widely spreading across the globe.

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## ADMISSION IN AYURVEDA AHARA & POSHANA SAHAYAK

### Eligibility for Admission

- High school from a school recognized by state board/ CBSE/ICSE or any other recognized board by Govt. of India.

### Age Limit

- 18 -35Years

### Health status

- The candidate must be physically fit along with good physical and mental endurance.

### Duration

6 months

### Selection Procedure

- Based On merit, counseling / entrance exam.

### Counseling and Medical

- Provisionally selected candidates for counseling will have to appear at the institute on the specified date and time when so called for at their own expenses.
- Candidate will be medically examined by a Medical Board of the institute, to certify their medical fitness.

### Medium Of Instruction

- English and Hindi

### Seats

- 30 students per batch

### Hostel facility

- Not available

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## **GENERAL INFORMATION AND CONDITIONS**

***Applicants are advised to read all instructions carefully before sending their applications***

1. All applicants must fulfill the essential requirements of the course and other conditions stipulated in the advertisement as on the last date of receipt of the applications (15<sup>th</sup> June 2023). They are advised to satisfy themselves before applying that they possess essential criteria laid down. Candidates waiting for their +10 result may also apply, provisionally. Such candidates must pass qualifying examination on or before the date of counseling.
2. If any document/Certificate furnished in a language other than Hindi or English, a transcript in Hindi/English of the same duly attested by a Gazetted Officer or Notary is to be submitted.
3. The date for determining the age and qualification will be the closing date prescribed for receipt of application.
4. Reservation status will be applicable as per central government norms.
5. Institute reserves the right to make any amendment, cancellation and changes in this advertisement in whole or as per part without assigning any reason thereof.
6. Any corrigendum/order regarding this advertisement will be issued on the website only. Candidates are advised to remain in touch with the website for this purpose. No separate corrigendum etc. will be published in Newspaper.
7. Applicants will be fully responsible for the accuracy of the information they furnish. Any information furnished by the candidate if found wrong at any stage will result in his/her disqualification and/or dismissed from the service at any stage and No correspondence will be entertained at all.
8. The entrance exam/ interview/call letter, if shortlisted shall be sent by speed/registered post and e-mail. However, the Institute shall not be responsible for any postal delay or lapse, whatsoever.
9. No Correspondence or personal inquiries shall be entertained.
10. In case of any dispute on this issue, the jurisdiction will be Delhi.
11. Canvassing in any form will be treated as a disqualification
12. The decision of the Director, All India Institute of Ayurveda (AIIA) will be final in this regard.

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### Reservation:

1. Reservation of SC/ST/OBC (below creamy layer), will be as per rule and exiting policies of Central Government.
2. Applications not supported by the appropriate certificate for the reservation category claimed, will be treated as General/Unreserved. In case Institute observe any false or discrepancy in their certificate, their candidature will be rejected summarily No correspondence will be entertained at all.
3. SC/ST/OBC candidates are required to produce original certificate in the prescribed copy of format signed by the specified authority, at the time of counseling. It is mandatory.

### Application Fee (by Bank Demand Draft (DD) only):

All interested applicant has to attach a Demand Draft for an amount of Rs.350/ (General &OBC), Rs.150 (SC & ST Candidates)- along with application form.

Applications not supported by the appropriate copy of claimed certificate for the reservation category (under Application Fee relaxation) shall be considered, as General/unreserved and fee amount will be paid accordingly.

Application fee: Bank Demand Draft(DD) in favor of  
“**Director, All India Institute of Ayurveda**” payable at **New Delhi**.

On backside of DD, candidate must mention- Candidate name, category and course applied for.

Application Fee once paid will not be refunded under any circumstances.

### How to apply:

Candidates are required to apply in the prescribed format downloaded from website or neatly typed on A4 size paper on one side as per the format available on the website <http://www.aiia.co.in> as per the prescribed Performa of Applications form. Institute will not consider any another format or application Performa.

Application completed in all respect enclosing self-attested copies of all certificates, mark sheets, testimonials in support of age, educational qualifications, caste/community in prescribed format by Govt. of India, the supporting documents along with application should be sent in an envelope superscripted “**APPLICATION FOR AYURVEDA AHARA & POSHANA SAHAYAK 2023**” by registered/Speed-Post on or before the last date (15<sup>th</sup> June 23), to:

**The Director,  
All India Institute of Ayurveda (AIIA)  
Gautampuri, Sarita Vihar, Mathura road,  
New Delhi-110076**

Candidate must sign in the application form.

### Invalid Applications:

Candidates are advised to read all instructions carefully before sending their applications otherwise their applications are likely to be rejected on one or more of the following reasons in terms of the notifications.

- Applications received after the closing date
- Applications not in prescribed format
- Candidates not having the required qualifications
- Applications without latest photo not being pasted in the provided space
- Applications without declaration
- Application without signature
- Applications without supporting documents
- Applications, which are incomplete/illegible in any manner
- Applications without the prescribed Application Fee (as applicable)
- Application on another format not prescribed by AIIA

### Last Date of receiving application:

The last date for receiving completed Application – **15<sup>th</sup> June 2023.**

In case the last date and receipt of application is declared holiday the date of receipt of the application will be considered as next working day.

### FEE STRUCTURE FOR THE COURSE

Course fee	
Admission Fee	Rs3000.00
Tuition fee per month	Rs500.00
Caution Deposit (Refundable)	Rs 2000.00

Total amount to be deposited at the time of admission- Rs 6,000/- (including tuition fee of 2months).

**\*Note - Assesment and Certification fee will be as per HSSC norms.**



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(An autonomous Organization Under the Ministry Of AYUSH, Govt of India)

Gautampuri, Sarita Vihar, Mathura Road, New Delhi – 110076

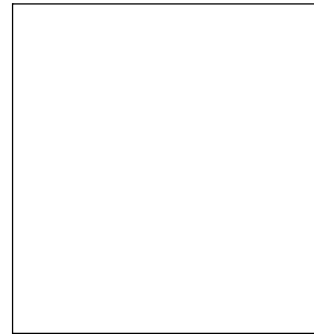
### APPLICATION FORM

### (FOR AYURVEDA AHARA & POSHANA SAHAYAK COURSE)

Name of the course: \_\_\_\_\_

Advertisement No: \_\_\_\_\_

Category applied for: \_\_\_\_\_



(Affix one self-attested recent passport size

Photograph & an extra along with application)

Details of fee paid Amount(Rs.): \_\_\_\_\_ Bank DD No. \_\_\_\_\_ Dated: \_\_\_\_\_

1. Name in full : \_\_\_\_\_  
(CAPITAL letters)

2. Father's /Husband's Name: \_\_\_\_\_

3. Address: (CAPITAL letters)

(i) Present address (for correspondence, with phone/mobile No. &E-mail)-

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



**Email Id:** \_\_\_\_\_ **Mobile No:** \_\_\_\_\_

**(ii) Permanent home address-** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**4. Date of birth: dd \_\_\_ mm \_\_\_ yyyy \_\_\_ (in words) \_\_\_\_\_**

**Age** (as on closing date of application according to Matriculation Certificate) \_\_\_\_\_

**5. Nationality (Enclose Gov I.D)** : \_\_\_\_\_ **6. Sex: Male**  **Female**

**6.(a) Mother Tongue** : \_\_\_\_\_

**(b) Other language(s) which the applicant can speak read and write fluently:** \_\_\_\_\_

**7. Whether belongs to SC/ST/OBC/PWD** \_\_\_\_\_  
(in support, please enclose a certificate from authorized Issuing Officer)

**8. Examinations passed** (Please enclose attested copy of each certificate & mark-sheet):

Examination passed	Name of the Board/ University	Percentage of Marks	Distinction/Rank, if any
10 <sup>th</sup> /Secondary/Any equivalent(name)			

**9. Additional information, if any which you would like to mention in support of your suitability for selection:**

\_\_\_\_\_

\_\_\_\_\_

(Enclose separate sheet, if the space is insufficient in any column)

**10. DECLARATION**

I affirm that information given in this application is true and correct. I also fully understand that if at any stage it is discovered that any attempt has been made by me to willfully conceal or misrepresent the facts, my candidature may be summarily rejected or terminated.

Place: \_\_\_\_\_

**Signature of the candidate**

Date:- \_\_\_\_\_

\_\_\_\_\_

(Name in CAPITAL letters)

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## **Annexure**

### **Check-list**

1. Bank Demand Draft (Application Fee)
2. All details from column 1 -10 duly filled clearly
3. Point number 4 – attached proof of date of birth
4. Point number 5 – attached government I.D
5. Point number 7 – attached required document
6. Point number 8 – attached attested marks list and certificate
7. Point number 9 – attached required document, if any
8. Two Recent passport size photograph (same as on application)
9. Copy of conduct certificate from the last attended institution