



अखिल भारतीय आयुर्वेद संस्थान  
ALL INDIA INSTITUTE OF AYURVEDA (AIIA)  
(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)  
(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

### Department of Panchakarma

Activities are undertaken towards the maintenance of quality

Department of Panchakarma has taken various innovative steps in order to improve the quality standards of the panchakarma services. Safety training and soft skill training in hospitality management in collaboration with the Institute of Hotel Management and Catering, Pusa was conducted for Panchakarma Technicians and scholars. In order to improve the quality of Panchakarma procedures, hands-on training on various panchakarma procedures was given to Panchakarma Technicians and Attendants. All the Panchakarma procedures will be monitored in real-time by 3 panchakarma Valdyas and PG and PhD scholars. SOP's are developed and made available for all the staff working in the Panchakarma department as per NABH norms. Sop's are periodically revised and amended to the institutes NABH manual. To improve the quality of Panchakarma we are regularly conducting skill sector programs like 1-year Panchakarma Technician Course. To improve the clinical documentation regarding the panchakarma procedures we are adopting the dynamic online treatment scheduling using the google spreadsheet which is viewable online by all the staff of the panchakarma department. Apart from this, we have standard formats like; the Panchakarma Procedure consent form, Assessment forms for assessment of Rukshana, Samyak Snigdghata, Niruha samyak lakshana, Anuvasana samyak Lakshana, Vamana/Virechana Performance chart etc to record the outcomes of each procedure. In order to deliver standard hygienic administration of Panchakarma procedures, we have started a centralized Panchakarma preparation room with the state the art modular Kitchen from where all the materials required for the panchakarma procedures will be prepared in a tray and will be sent to the respective Panchakarma Theaters. Each tray will be labelled properly in order to ensure the right procedure for the right patient.

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### Report on Hands-on Training on Panchakarma Procedures

Hands-on training of Panchakarma procedures to enhance the clinical skills of the Panchakarma Technician & Attendant were regularly conducted at different intervals. 7 such programs were conducted in the department by the Faculty members in the year 2021. The classical procedures mentioned in the ancient Ayurvedic texts were demonstrated along with hands-on training to the Panchakarma Technician & Attendant.

#### Hands-on training on Nasya Karma

Date: 5/08/2021

Time: 12:00-- 1:30 pm

Venue: Male Panchakarma theatre, 2nd floor, All India Institute of Ayurveda.

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 18

Resource person: Prof. Dr Anandaraman Sharma

As Nasya Karma is one of the five most important Panchakarma procedures, the practical demonstration of the Nasya procedure was done. Generally, it is believed to be a very simple procedure and just the nasal instillation of the drug followed by fomentation is done. In the demonstration, the authentic procedure was done and SOP was made focussing on the concepts of Acharya Vagbhata in the classical Ayurvedic text -Astanga Sangraha. The importance of the Purva Karma, such as Mukhabhyanga, Prayogika Dhoompana and Svedana of the face by Panitapa and the right positioning of the patient on the Droni was emphasised. The wrong practices of Nasya were cleared. Emphasised on the continuous pouring of the drug in the form of Dhara by Gokarnika or a cotton wick and not to pour it as drop by drop nasal installation through a dropper as it may cause Vyapad (complications). The importance of Paschat Karma was highlighted, such as repeated sudation of the face and spitting till the medicine appears in the mouth. The demonstration was helpful to make the scholars understand the importance of Nasya Karma and that it is not just the nasal instillation of the medicine but much beyond that.



Figure 1 Practicing Nasya Karma By the Participant

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### Hands on training on Patra Pinda Sveda

Date: 12/08/2021

Time: 2:00 pm

Venue: Male Panchakarma theatre, 2nd floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 18

Resource person: Prof. Dr Anandaraman Sharma

Hands-on training was done on Patrapinda Pottali Svedana. The ingredients of the Pottali were – chopped leaves (from plants like Dhatura, Nirgundi, Arka, Shigru, Rasna), Tailam, Rasona, Methi seeds, sliced lemon, turmeric, rock salt and grated coconut. The leaves were fried with medicated oil by giving proper heat. The mixture prepared was put in a small piece of cloth and tied into Pottali. Preparation of Pottali focussing on small aspects like binding the cloth, making the proper size of the Pottali and the handle, and making a firm Pottali was demonstrated. The importance of each ingredient of the Pottali was explained. In the end, Vyapad or complications which can result due to infected leaves, the loose handle of Pottali, etc and other aspects such as the importance of applying the Pottalis in tapping motion were demonstrated practically. All the participants were practiced the Patrapinda Svedana during the session.



Figure 2- Pottali Prepared by the Participants

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**Hands-on training on Kukkutanda Sveda**

Date: 12/08/2021

Time: 3:00

Venue: Male Panchakarma theatre, 2nd floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 18

Resource person: Prof. Dr Anandaraman Sharma

Hands-on Training conducted on the preparation of Kukkutanda Pinda Svedana. Various Methods of preparations were discussed such as, only using egg yolk, or boiling the egg and using powdered yolk etc. Medicated oil was heated in a vessel and then garlic cloves and lemon were added. To this, four eggs were added and fried. Then, the mixture was put in a small piece of cloth and tied into Pottali. The importance of the ingredients was explained and the practical utility in the patients with Ardita Vata and Bell's palsy was discussed in detail.

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**Hands- on training on Jambheera Pinda Sweda**

Date:12/08/2021

Time: 4:00- 4:30 pm

Venue: Male Panchakarma theatre, 2nd floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 18

Resource person: Prof. Dr Anandaraman Sharma

A hands-on Training session on the preparation of Jambheera Pinda Svedana was conducted. The method of preparation of the Pottali was almost similar to that of Patra Pinda Svedana, except that in Jambheera Pinda Svedana, sliced lemon (Jambheera) was used instead of Vatahara leaves. The practical utility of the procedure was discussed in detail. Participants prepared the Pottali themselves. The demonstration was followed by a doubt-clearing session in the end.

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### Hands-on training on Upanaha

Date: 10/09/2021

Time: 3:00- 4:00 pm

Venue: Male Panchakarma theatre, 2nd floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 27

Resource person: Prof. Dr Anandaraman Sharma

A demonstration on the very commonly used Upanaha procedure was given to make sure that the Upanaha is done in the right method for the IPD patients. The session started with a basic understanding of the Upanaha procedure as mentioned in the classical literature to reduce pain and inflammation. It was followed by the preparation of the Upanaha paste with ingredients like kolkulathadi Churna, wheat flour, lemon, rock salt and lukewarm water. In the end, medicated oil was added to the mixture and applied on the arm of the subject with the help of a spatula. The importance of the application of the paste from downward to the upward direction (Pratiloma Gati) was emphasised. Then, Eranda leaves were applied and firm bandaging was done to secure the Upanaha in its place.

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### Hands-on Training on Shirobasthi

Date: 16/09/2021

Time: 2:00- 3:30 pm

Venue: Common Panchakarma theatre, 3rd floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 27

Resource person: Prof. Dr Anandaraman Sharma

Hands-on Training on the classical procedure of the Shiro Basti organised by the department. For this, an IPD patient who was a known case of Multiple sclerosis was taken as a subject. The patient was seated comfortably on a knee-height armed chair. A strip of cloth smeared with a paste of black gram powder was tied around the head 2 cm above the eyebrows, tight enough to prevent leaking of oil, but not causing any discomfort. Then the Shiro Basti cap was fixed over the strip and another layer of cloth smeared with the paste was applied over the cap. Further, the junctions were sealed with black gram paste so as to avoid any leaking of the oil. Then, the medicated oil heated just above the body temperature was slowly poured inside the cap over the head with the help of the dorsum of the thumb. The temperature of the oil was maintained by replacing it with warm oil at regular intervals. The procedure continued for 45 minutes. The importance of the procedure and its practical utility in patients with trigeminal neuralgia, insomnia and other neurological complaints were discussed. The vyapad which may result from leaking of the oil and the temperature of the oil was especially emphasised. The demonstration was followed by hands-on experience and doubt clearing session.

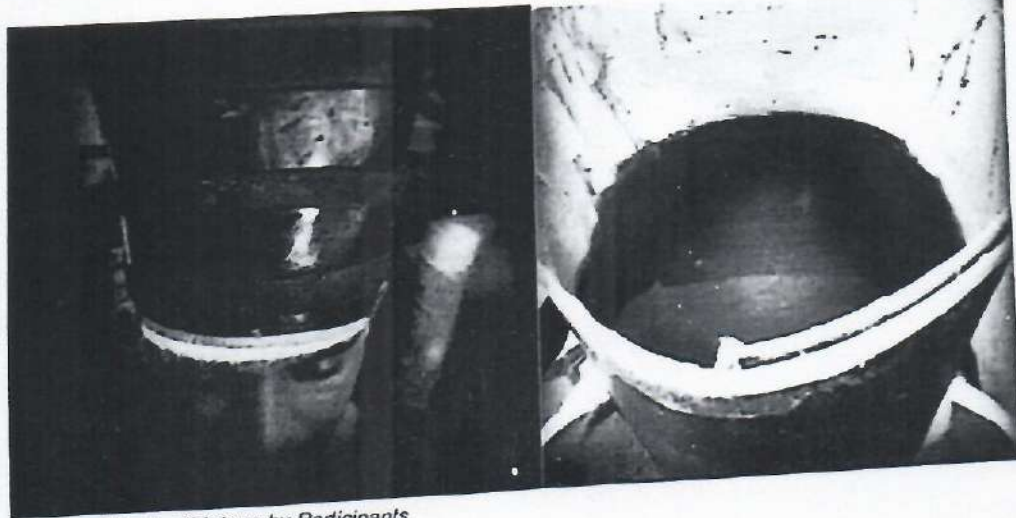


Figure 3 Shirobasthi done by Participants

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### Hands-on training on Siravedha

Date: 23/12/2021

Time: 1:30- 2:30 pm

Venue: Female Panchakarma theatre, 1st floor

Target audience: Panchakarma Technician & Attendant, Department of Panchakarma, AIIA.

Number of Participants: 28

Resource person: Prof. Dr Anandaraman Sharma

For understanding the proper practical utility of the Siravedha procedure, which is a part of Raktamokshana. For this, a female patient who was diagnosed with a case of Vatarakta was selected as a subject. As a part of Purvakarma, a Siravedh kit was made which consisted of all the materials required for the procedure such as scalp vein, needle, sterile gauze, gloves, spirit, cotton balls etc. The Siravedha was then performed in the bilateral lower limbs of the patient step by step under aseptic conditions. The demonstration was followed by a doubt-clearing session in which the queries of the scholars were answered. This Hands-on training session empowered the participants for performing the Siravedha Karma without any fear.

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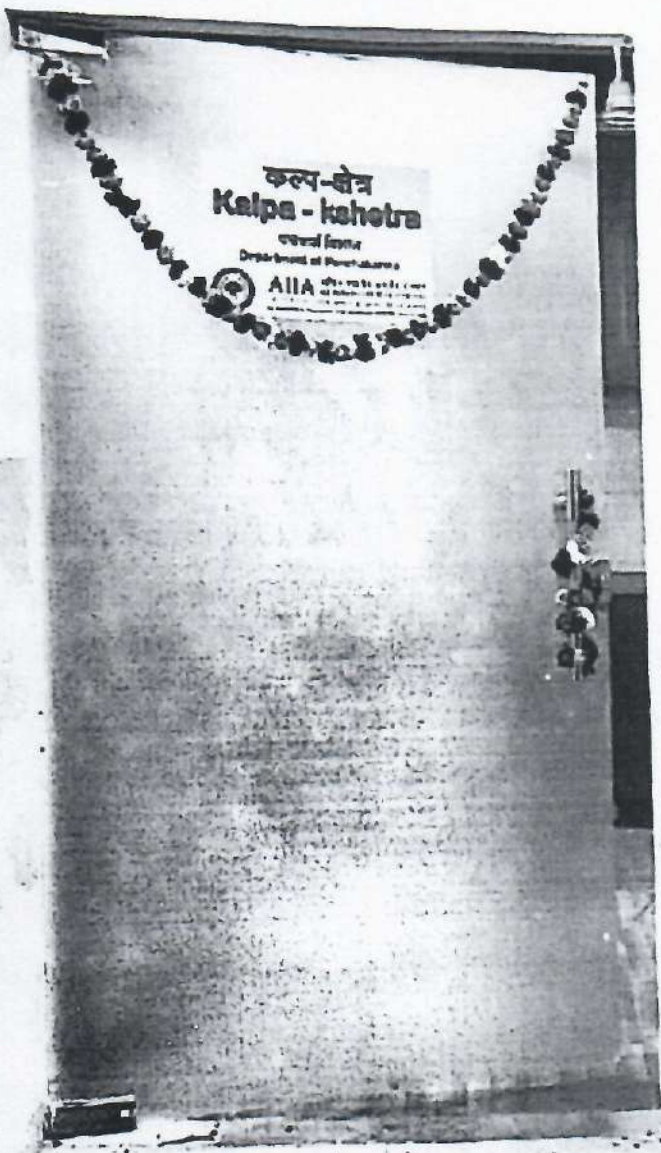
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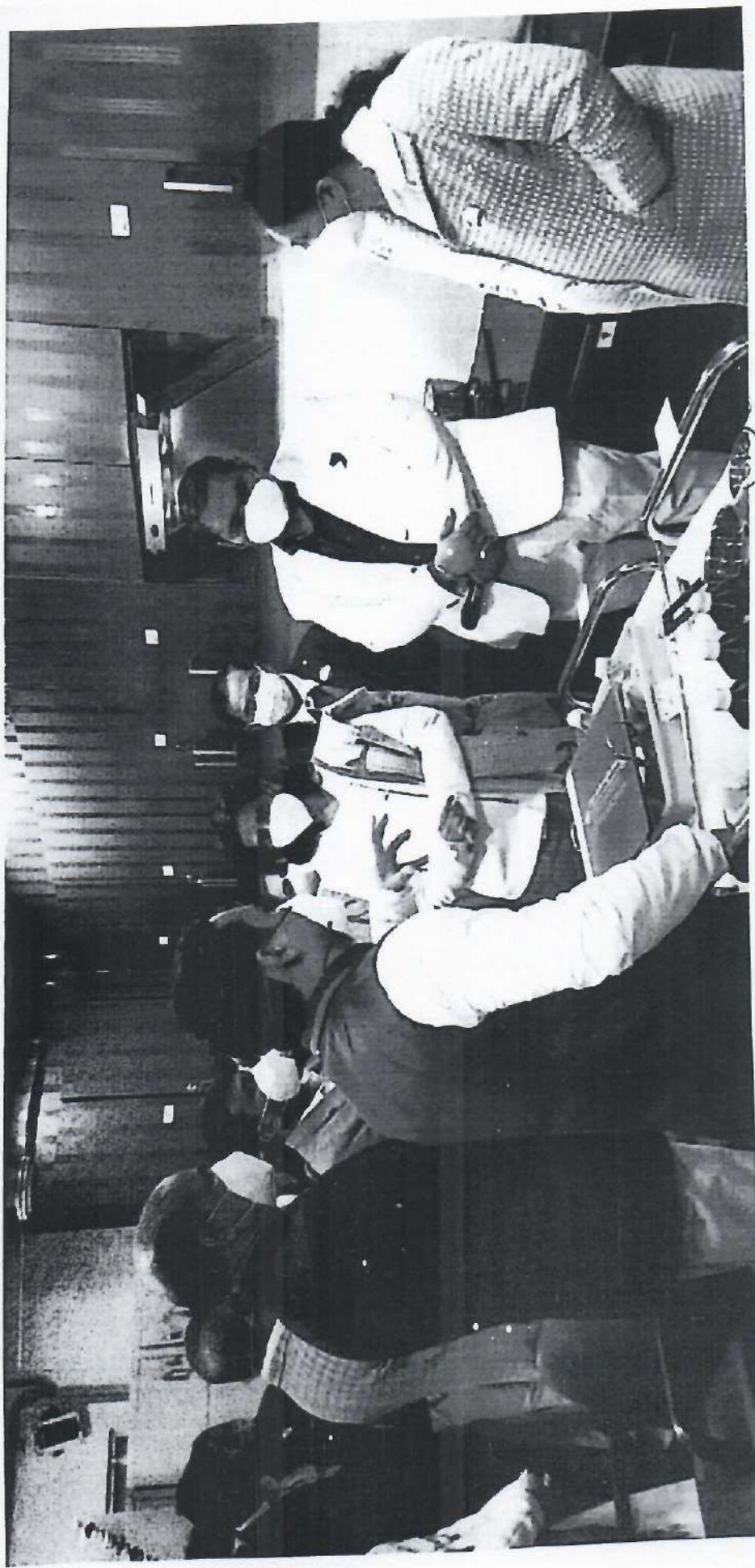


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Kalpa kshetra - Panchakarma Modular kitchen



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ALL TRAINING RECORDS

S.no.	Name of the capacity enhancement scheme	Year of implantation	Number of students enrolled	Name of the agencies involved with their contact details
1	Panchakarma technician student course	2016-17	18	Certified by All India institute of Ayurveda Sarita vihar New Delhi
2	Panchakarma technician student course	2017-18	10	Certified by All India institute of Ayurveda Sarita vihar New Delhi
3	Panchakarma technician student course	2019-20	8	Health Care Sector Skill Council
4	Panchakarma technician student course	2020-21	-	-
5	Panchakarma technician student course	2021-22	10	Health Care Sector Skill Council

TIME TABLE FOR PANCHAKARMA TECHNICIAN COURSE BATCH- 2017-18  
(with effect from 18/12/2018)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>PRACTICALS</b>						
10 Am – 1 Pm	PRACTICALS (Panchakarma Theatre)	PRACTICALS (Panchakarma Theatre)	PRACTICALS (Panchakarma Theatre)	PRACTICALS (Panchakarma Theatre)	PRACTICALS (Panchakarma Theatre)	PRACTICALS (Panchakarma Theatre)
<b>(1 Pm – 2 Pm) LUNCH BREAK</b>						
2 Pm – 3 Pm	Bhaisajya kalpana (Dr. Pramod)	Shalya Tantra (Dr. Rahul)	Shalaky Tantra (Dr. Narayan)	Dravya guna (Dr. shivani)	Shalaky Tantra (Dr. Pankaj Kundal)	
3 Pm – 4 Pm	Paper 2 Panchakarma (Dr. Prasanth/ Dr. Santosh )	Swastha Vrutta Samsarjana karma and Pathya kalpana. (Dr. Shivakumar)	Paper 2 Panchakarma (Dr. Prasanth/ Dr. Santosh)	Investigations and Fundamentals (Dr. Shalini)	Siddhanta (Dr. Meera)	

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**TIME TABLE FOR PANCHAKARMA TECHNICIAN COURSE BATCH 2019-20**

(Revised with effect from 29/04/2019)

Time		Tuesday	Wednesday	Thursday	Friday	Saturday
9Am - 1 Pm	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)
(1 Pm - 2 Pm) LUNCH BREAK						
2 Pm - 3 Pm	<b>Paper 2</b> Intro to Common diseases/ Basic clinics (Dr. Divya/Dr. Rajaram)	<b>Paper -1</b> Fundamentals of Ayurveda (Dr. Meera)	<b>Paper -1</b> Fundamentals of Ayurveda (Dr. Shalini)	<b>Paper -1</b> Fundamentals of Dravya guna (Dr. Shivani)	<b>Paper 1</b> Fundamentals of Bhaishajya kalpana (Dr. Pramod)	
3 Pm - 4 Pm	<b>Paper 2</b> Panchakarma (Dr. Santosh/ Dr. Prasanth )	<b>Paper - 4</b> Intro to Basic medical care (Sindhu Rajesh)	<b>Paper 2</b> Panchakarma (Dr. Prasanth/ Dr. Santosh)	<b>Paper 1</b> Intro to Shalya and Marma (Dr. Rahul)	<b>Paper 1</b> PRACTICALS (Dr. Shivani / Dr. Pramod)	

**TIME TABLE FOR PANCHAKARMA TECHNICIAN COURSE BATCH 2021-22**

(Revised with effect from 6th Dec 2021)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9Am - 1 Pm	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)	<b>PRACTICALS</b> (Panchakarma Theatre)
(1 Pm - 2 Pm) LUNCH BREAK						

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2 Pm - 3 Pm	<b>Paper 2</b> Intro to Common diseases/ Basic clinics	<b>Paper -1</b> Fundamenta s of Ayurveda	<b>Paper -1</b> Fundament als of Ayurveda	<b>Paper -1</b> Fundament als of Dravya guna	<b>Paper 1</b> Fundamenta ls of Bhaishajya kalpana	
	<b>Dr. Prasanth Dharmarajan</b>  <b>/ Dr. Divya Kajaria</b>	<b>Dr. Nidhi Sharma</b>	<b>Dr. Shekhar Ulke</b>	<b>Dr. Shivani Ghildiyal</b>	<b>Dr. Bhargav Bhide</b>	
3 Pm - 4 Pm	<b>Paper 2</b> Panchakarma	<b>Paper - 4</b> Intro to Basic medical care	<b>Paper 2</b> Panchakar ma	<b>Paper 1</b> Intro to Shalya and Marma	<b>Paper 1</b> PRACTICALS	
	<b>Dr Animesh Mohan/ Dr Bhavna Sahu</b>	<b>Ms. Sindhu Rajesh</b>	<b>Dr Animesh Mohan/ Dr Bhavna Sahu</b>	<b>Dr. Vinod Kumar</b>	<b>Dr. Shivani Ghildiyal</b>	

*Handwritten signature*

पुस्तकालय, आयुर्वेद संस्थान, पी.वी.  
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**ALL INDIA INSTITUTE OF AYURVEDA (AIIA)**  
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**ATTENDANCE of the REGISTER** उपस्थिति रजिस्टर

for the month of July - 2016  
 मास

NAME	Rank	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
1. Abay Kumar		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2. Amit Agarwal		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3. Anjali		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4. Anshika Yadav		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5. Gaurima Singh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6. Gauri Tripathi		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7. Jyoti		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8. Jyoti Singh Lohi		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9. Madhulatahoni		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10. Muktaraj		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11. Pooja		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
12. Pranav		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
13. Prabhakar Tripathi		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
14. Pradeep Mishra		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
15. Kusumha Kaur		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
16. Anvita Kumar		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
17. Usha Singh		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
18. Vinod Kumar		P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

NAME	Rank	21	22	23	24	25	26	27	28	29	30	31
19. ...		P	P	P	P	P	P	P	P	P	P	P
20. ...		P	P	P	P	P	P	P	P	P	P	P
21. ...		P	P	P	P	P	P	P	P	P	P	P
22. ...		P	P	P	P	P	P	P	P	P	P	P
23. ...		P	P	P	P	P	P	P	P	P	P	P
24. ...		P	P	P	P	P	P	P	P	P	P	P
25. ...		P	P	P	P	P	P	P	P	P	P	P
26. ...		P	P	P	P	P	P	P	P	P	P	P
27. ...		P	P	P	P	P	P	P	P	P	P	P
28. ...		P	P	P	P	P	P	P	P	P	P	P
29. ...		P	P	P	P	P	P	P	P	P	P	P
30. ...		P	P	P	P	P	P	P	P	P	P	P
31. ...		P	P	P	P	P	P	P	P	P	P	P

1-3 - 10:30 AM  
 4-6 - 11:00 AM  
 7-9 - 11:30 AM  
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 25-27 - 2:30 PM  
 28-30 - 3:00 PM  
 31 - 3:30 PM

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ATTENDANCE REGISTER		for the month of December '11																														
Sl. No.	Name	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
1	Niraj Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
2	Ashish Kumar Singh	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
3	Saral Verma	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
4	Preeti Devi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
5	Jahansi	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
6	Abhinav Srivastava	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
7	Kahul Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
8	Rohy Manya	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
9	Satish	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
10	Yash Kumar	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P
11	Satish	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P	P

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 E-mail: aiiainewdelhi@gmail.com Phone: 011-29948658

प्रोफ (Prof)  
 एमो जी. पंचक  
 MD. Panchakarma  
 HOD, Department of  
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ATTENDANCE REGISTER *Panchakarma Technician Course*

for the month of *April 2019*

- 1- Anil Kumar
- 2- Adhesh Kumar
- 3- Abhishek Kumar
- 4- Manoj Kumar
- 5- Mahesh Kr. Mangy
- 6- Nitin Bainsla
- 7- Pankaj kr.
- 8- Udit Harshya  
Arad
- 9- Rahul

Sl. No.	Name	1	2	3	4	5	6	7	8	9	10	11	12
1	Anil Kumar	P	P	P	P	P	P	P	P	P	P	P	P
2	Adhesh Kumar												
3	Abhishek Kumar												
4	Manoj Kumar												
5	Mahesh Kr. Mangy												
6	Nitin Bainsla												
7	Pankaj kr.												
8	Udit Harshya Arad												
9	Rahul												

*424 2-18-274*  
*2-14-18*  
*2-14-18*  
*2-14-18*

*P.P.P.P.P.P.P.P.P.P*

*P.P.P.P.P.P.P.P.P.P*

*Prof. MD. Panchakarma*





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**Final Results Of Panchakarma Technician Course - 2017-18**

ROLL NO.	NAME OF THE CANDIDATES	TOTAL THEORY/400	PRACTICAL / 100	TOTAL PERCENTAGE	GRADES
AIIPKTC10019	NEERAJ KUMARI	221	80	60 %	B
AIIPKTC10020	PARUL VERMA	279	70	70 %	A
AIIPKTC10021	PREETI DEVI	276	72	70 %	A
AIIPKTC10022	JAHANVI SHARMA	293	86	76 %	A
AIIPKTC10023	ASHISH KUMAR	226	78	61 %	B
AIIPKTC10024	ABHINAV SRIVASTAVA	218	80	60 %	B
AIIPKTC10025	RAHUL KUMAR	236	80	63 %	B
AIIPKTC10026	ROKY MOURYA	282	68	70 %	A
AIIPKTC10027	SATISH	247	80	65 %	B
AIIPKTC10028	YOGESH KUMAR	223	78	60 %	B

(< 40% - Fail, 40-49% - Grade D, 50- 59% - Grade C, 60- 69% - Grade B, 70-79% - Grade A)

*B. Bhattar*  
SIGNATURE OF H.O.D

प्रोफे. (Panchakarma) पी.वी.  
Prof. Panchakarma PV  
एम.डी. (Panchakarma) पी.वी.  
MD. Panchakarma PV  
विभागाध्यक्ष, पंचकर्म विभाग  
HOD, Department of Panchakarma  
अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली-110076  
All India Institute of Ayurveda, New Delhi-110076

282  
349  
**All India Institute of Ayurveda**



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Gautampuri, Sarita Vihar, Mathura Road, New Delhi - 110076

**Panchakarma Technician Course - 2016 - 17**

Enrolment No. AIIA PKTC 1011

This is to certify that

Ms. Pooja

Has successfully completed the  
**Panchakarma Technician Course,**  
Approved by Ministry of AYUSH, Government of India,  
from All India Institute of Ayurveda, New Delhi,  
for a period of One Year from  
11/07/2016- 10/07/2017 with 1600 hours of training.  
He has passed the course with A Grade



Received my certificate

New Delhi dated the 2nd November, 2017

Prof. Director  
HOD,  
Panchakarma

अखिल भारतीय आयुर्वेद संस्थान  
All India Institute of Ayurveda, New Delhi-110076

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# All India Institute of Ayurveda



(An Autonomous Institute under the Ministry of AYUSH, Govt of India)  
Gautampuri, Sarita Vihar, Mathura Road, New Delhi - 110076

## Panchakarma Technician Course -2017-18

Enrollment No. **AIIA PKTC 1026**

This is to certify that

Mr. Roky Mourya

Has successfully completed the  
Panchakarma Technician Course,  
Approved by Ministry of AYUSH, Government of India,  
from All India Institute of Ayurveda, New Delhi,  
for a period of one year from  
December 2017 to March 2019 with 1600 hours of training.  
He has passed the course with A Grade.



New Delhi dated the April 2019

प्रोफ. (डॉ.) पंचकर्म विद्या दार्षा  
MD: Panchakarma  
HOD, Department of Panchakarma  
अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली-110076

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कौशल भारत - कुशल भारत



सर्वश्रेष्ठ प्रयास  
MINISTRY OF SKILL DEVELOPMENT  
& ENTREPRENEURSHIP  
GOVERNMENT OF INDIA



NSDC  
National  
Corporation  
Transforming the skill landscape

# Certificate

This is to certify that

**Udit Narayan Azad**

has successfully cleared the assessment for the role of

**Panchakarma Technician (HSS/Q3601)**

conforming to National Skills Qualifications Framework Level - 4



MINISTRY OF  
AYUSH



Issued by: **DIRECTOR**

Institution Name: **ALL INDIA INSTITUTE OF AYURVEDA, NEW DELHI**

Signature: *[Handwritten Signature]*

ALL INDIA INSTITUTE OF AYURVEDA  
Sarita Vihar, New Delhi-110076



Skill Council

Dr. Navsh Trehar  
Chairman  
Healthcare Sector Skill Council

Received

Prof. *[Signature]*  
MD, PhD  
विभागाध्यक्ष, पंचकर्म विभाग  
HOD, Department of Panchakarma  
अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली-110076  
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(Department of Panchakarma)

ALL WORKSHOP RECORDS

S.no.	Name of the capacity enhancement scheme	Year of implantation	Number of students enrolled	Number of students enrolled
1	Training Program on Hospitality Management by the Institute of Hotel Management, Catering & Nutrition (IHM PUSA)	2021	45	Certified by All India Institute of Ayurveda Sarita vihar New Delhi

1. Training Program on Hospitality Management by the Institute of Hotel Management, Catering & Nutrition (IHM PUSA)

Events details –

Training Program on Hospitality Management for Faculty, *Panchakarma* Vaidya, Ph.D. & PG Scholars, DEO & *Panchakarma* Technician/Attendant was conducted from 1<sup>st</sup> December 2021 to 5<sup>th</sup> December 2021 by the of Institute of Hotel Management, Catering and Nutrition, (IHM Pusa) Organized by Department of *Panchakarma*, All India Institute of Ayurveda. The program was co-ordinated by Dr. Anandaraman P.V, Professor & Head of the Department of *Panchakarma*. This program was attended by 03 *Panchakarma* Faculty, 03 *Panchakarma* Vaidya, 2 Staff from Skill unit, 12 PG Scholars, 2 Ph.D. Scholars, 28 *Panchakarma* Technician/Attendant and Office DEO.

The inaugural program was conducted on 1 Dec 2021 in the auditorium of All India Institute of Ayurveda and the program was chaired by Dr.Sujata Kadam, Dean Academic; Dr. Mahesh Vyas, Dean Ph.D Research, Dr. Rajagopala, Medical Superintendent and Dr. Anandaraman P.V, Head of the Dept. of *Panchakarma* were also present in the program. Two guests from Institute of Hotel Management & Catering Pusa mainly Dr. K.K Pant Principal of the Institute, Dr. Mamta Bist the Senior Faculty from Institute also attended the inaugural program. In the welcome speech, Dr Anandaraman P V emphasized the importance of Hospitality and behavior of Hospital Practices particularly by the *Panchakarma* technician. Dr. Mahesh Vyas & Dr. Sujata Kadam emphasized on the qualities of Vaidya and Paricharika, who are the integral part of Chikitsa Chatuspada. Vote of thanks was delivered by Dr. Santosh Kumar Bhatted, Associate Professor, Dept. of *Panchakarma*.

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प्रोफे.  
एम.वी.एस.  
MD.  
विभागाध्यक्ष, विभाग पंचकर्म  
HOD, Department of Panchakarma  
अखिल भारतीय आयुर्वेद संस्थान, नई दिल्ली-110076  
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Inaugural program was succeeded by the speech of Mr. K. K Pant and he emphasized on Hygiene in Medical Practice. Mr K.K Pant gave a wonderful presentation on the importance of behavior, appearance and overall personality in medical practice. 2<sup>nd</sup> day training on Situation Handling was conducted by Dr. Shweta Misra Senior Faculty of Institute, Anger Management training conducted by Mr. K.K Pant. 3<sup>rd</sup> day training was conducted by Ms. Arti Ghai (Senior Faculty) on Telephone Handling & Ms. Vandita Mathur, Faculty of the institute conducted the training on Complaint Handling. On 4<sup>th</sup> day, Mr. Anil Goyal, Head of the Dept. Rooms Division dealt with Communication Skills & Mr. Ashish Sharma, Senior Faculty of the Institute spoke about Inter-Departmental Coordination. On 5<sup>th</sup> day Ms. Nimisha Seth, Head of the Dept. Food & Beverage Service of the Institute delivered lecture on Behaviour Management & Dr. Anshu Singh senior Faculty of the institute on Health and Nutrition.

**Photo Gallery (Photo with Caption):**

Department of Panchakarma, All India Institute of Ayurveda, organized 5 Days Training Programme on Hospitality for All Panchakarma Dept. Staff from 1st December 2021 to 5<sup>th</sup> December 2021.

**Glimpses from the Inaugral Ceremony of IHM Training:**



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E-mail: ailanewdelhi@gmail.com Phone: 011-29948658

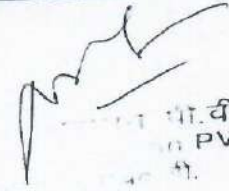
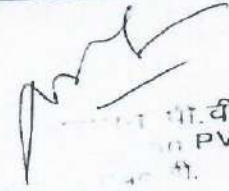
प्रो.  
Prof.  
विभागाध्यक्ष, पंचकर्म विभाग  
HOD, Department of Panchakarma  
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प्रोफे (डॉ.)   
 Prof. (Dr.)   
 एम० डी० पंचकर्म  
 MD. Panchakarma  
 विभागाध्यक्ष, चिकित्सा विभाग  
 HOD, Department of Panchakarma  
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