



अखिल भारतीय आयुर्वेद संस्थान
ALL INDIA INSTITUTE OF AYURVEDA (AIIA)
(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)
(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

Policy for Integration

Integrative Medicine - An approach to medical care that recognizes the benefit of combining conventional therapies with complementary therapies that have been shown to be safe and effective. Integrative medicine tries to address the physical, emotional, social, spiritual, and environmental factors that can affect a person's health and well-being. The focus of Integrative medicine is about wellness, vitality and healing, rather than focusing just on the disease. The integrative medicine is like a partnership of consultants of different systems of medicine, which guides and advises patients regarding treatment options. Together, the consultants and the patient decide on the best plan of action.

Objective: To provide treatment Integrative medicine service to mankind by integrating AYUSH and Modern medicine with holistic approach.

Scope of policy: With objective to develop Tertiary Care Hospital Facility, an **Integrative Medical Services Unit (ICSU)** got established in the campus of All India Institute of Ayurveda-New Delhi, with different integrative centers. All India Institute of Ayurveda- New Delhi with an intention to provide preventive, promotive, therapeutic medical services, Life style counselling, Yoga, Diet advice and Stress management and creating awareness about

The Model of Integration in Integrative Medical Services Units - is

- **Co-location of the consultants** of both systems of medicine
- **Patients** -Referred from existing OPD / Integration Unit Consultation
- **Treatment - Cafeteria Model**, in which the patient can choose
 - ◆ Stand-Alone Ayurvedic treatment
 - ◆ Stand-Alone Conventional Medicine or
 - ◆ Integrative Model



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Integrative Medicine for the general public, established Integrative Medical Units.

1. Centre for Integrative Cancer therapy
2. Centre for Integrative Dentistry
3. Centre for Integrative AYUSH therapy (OPD Services from)
 - a) Homeopathy
 - b) Siddha
 - c) Unani
4. Centre for Integrative Critical Care and Emergency Medicine
5. Centre for Integrative Orthopaedics
6. Centre for Integrative Dietetics and Nutrition and
7. Casualty OPD Section.

1. **Department of Integrative Medicine** - at Vardhaman Mahavir Medical College and Safdarjung Hospital (VMMC&SH) - New Delhi is providing consultation services and Panchakarma therapies for the needy.
2. **Centre of Ayurveda and Integrative Oncology** at All India Institute of Medical Sciences (AIIMS) - Jhajjar - providing the Integrative services to patients suffering from different cancers with multidisciplinary treatments.

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