

7.1.8: Describe the institutional efforts public initiatives in providing an inclusive environment that is tolerance and harmony towards cultural, regional, communal, socio-economical and others

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Ganesh Chaturthi Mahotsav 2021

September 10-14, 2021

All India Institute of Ayurveda arranged different academic and cultural activities from 10th to 14th September 2021 on the eve of the auspicious festival of Ganesh Mahotsavaat the Samhita Pathana room in Samhita & Siddhant department. The celebration commenced with Ganesh Sthapana on 10th September 2021 at 9 am. All the faculty, staff, PG and PhD scholars participated in the celebration program. Daily Samhita Pathan and Atharvasheersha Pathan was done by scholars and faculty of the department of Samhita and Siddhant of AIIA. Other scholars as well as faculty members also joined the same. Department of Samhita and Siddhanta, also organised a guest lecture that was delivered by Dr. Sudipth Rath, Associate Professor, Department of DravyaGuna, NIA, Jaipur, on 11th September 2021 from 2-3 p.m onwards at the auditorium, Ground floor, AIIA. Prof. Tanuja Nesari, Director AIIA, Prof. Mahesh Vyas Dean PhD, Prof. Sujata Kadam Dean PG, Dr. Kamal Kumar, Dr. Nidhi Sharma, along with other faculty members and PG and PhD scholars joined the session. The session was interesting and interactive. ARangoli competition was held on 13th September from 10 a.m. onwards at the auditorium, at AIIA. All scholars and staff of AIIA participated in the competition. A cultural program was organised on 13th September. Many cultural activities were performed by the P. G. and Ph.D. students of AIIA. A high tea followed with Ganesh Visarjana was organised on 14th September from 4 p.m. onwards.



Ganesh Chaturthi Mahotsav 2021

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गौतमपुरी, सरिता विहार, मथुरा रोड, नई दिल्ली -110076

Gautampuri, Sarita Vihar, Mathura road, NEW DELHI-110076

E-mail: aiiانewdelhi@gmail.com

Phone: 011-29948658

Fax: 011-29948660



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SwacchataPakhwada organized by Department of Swasthawritta from 16th October to 30th October 2020

Swacch Bharat Abhiyan Plantation drive was organized on the eve of SwacchataPakhwada at AIIA.



Cleaning activities at AIIA



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गौतमपुरी, सरिता विहार, मथुरा रोड, नई दिल्ली -110076
Gautampuri, Sarita Vihar, Mathura road, NEW DELHI-110076
E-mail: aiiانewdelhi@gmail.com Phone: 011-29948658 Fax: 011-29948660



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Vasant Panchami 2020

Vasant Panchami was celebrated on 29th January 2020. On this auspicious occasion Deptt. of Samhita Siddhanta, AIIA organised Samhita Pathan (Charaka Samhita, Sutra Sthana). The program was inaugurated by Prof. Mahesh Vyas, Dean (Ph.D.), Dr. Sujata Kadam, Dean (PG) along with other faculty members. Scholar of AIIA chanted Charaka Samhita shlokas and paid their tribute to goddess Sarasvati. This practice made the scholars to inculcate the habit of reciting shlokas in proper manner. The program concluded in the evening by 5:00 PM.



Shloka recitation of Charaka Samhita, Sutra Sthana

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Children's Day Celebrations 2019

Department of Kaumarabhritya, AIIA, New Delhi celebrated Children's Day on 14th November, 2019. Various competitions such as colouring, painting etc. were arranged for children in different age categories. Programme was inaugurated by Director, AIIA and Children below 16 years of age actively participated in the event.



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Deerghayu' A Cultural festival and Award ceremony: AYURFEST 2019
22nd October, 2019

AYURFEST 2019, Deerghayu, a Cultural festival and award ceremony was organised by AIIA in the Constitution Club of India, AYURFEST 2019: Minute to Minute Program commenced on 22nd October, 2019 at 06:00 PM onwards. The program was sponsored by the Ministry of AYUSH for the celebration of Ayurveda Day 2019 on the occasion of World Ayurveda Day Celebration. The event was graced by the august and gracious presence of Hon'ble Minister of State (Independent Charge), Ministry of AYUSH, Shri Shripad Yesso Naik, Secretary, Ministry of AYUSH, Padmashree Vaidya Rajesh Kotecha, Director, AIIA, Prof. (Dr.) Tanuja Manoj Nesari and other dignitaries from the Ministry of AYUSH.



Hon'ble Minister of State (Independent Charge), Ministry of AYUSH, Shri Shripad Yesso Naik, Secretary, Padmashree Vaidya Shri Rajesh Kotecha, Joint Secretary, Shri P.K. Pathak, Shri Roshan Jaggi, Shri P.N. Ranjit Kumar, Shri R M Mishra, Secretary, WCD, Advisor, Vaidya Shri Manoj Nesari, Director, AIIA, Prof. Tanuja M. Nesari inaugurating the perpetual calendar

The program commenced with the Dhanavantri Stavana by Dr. Maitri and Dr. Shinsha. Music for Mind & Soul in the form of Flute recital accompanied with Tabla by Sh. Saurabh Banaudha and team, which drew the strings of hearts and cherished the souls. This was followed by Yoga fusion dance by the scholars of the institute, Dr. Pragya P. Panda and Dr. Ankita was a real treat to view. The Shivashakti group led by Ms. T. Reddy Laxmi presented

गौतमपुरी, सरिता विहार, मथुरा रोड, नई दिल्ली -110076
Gautampuri, Sarita Vihar, Mathura road, NEW DELHI-110076
E-mail: aii anewdelhi@gmail.com Phone: 011-29948658 Fax: 011-29948660



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the most amazing confluence of Indian Classical Dances depicting the whole Samudra Manthan and the gradual emergence of various substances along with Amrita and Ayurevda with Lord Dhanavantari. Radio performance by Dr. Kartik with classical Karnatic music was a real tribute to the ears and very soothing and heart touching. The dignitaries then lit the lamp paying respect to Lord Dhanvantari and graced the dias. They were welcomed by green wealth from AIIA with medicinal plants & felicitated with the symbol of Kamadhenu as a gesture of completion of all wishes, health and happiness to the Dignitaries. Prof. (Dr.) Tanuja Manoj Nesari, Director, AIIA welcomed the Dignitaries. This was followed by release of Cartoon booklet, Academic Booklet, AIIA Calendar 2020 & perpetual Calendar of 365 days of Ayurveda wisdom through the auspicious Hands of Dignitaries. This was followed by the launch of Hackathon 2017 projects through digital platform and announcement of startups.



The lightening of lamp and felicitation of Hon'ble Minister of State (Independent Charge), Ministry of AYUSH by Director, AIIA, Prof. (Dr.) Tanuja Manoj Nesari

The program then witnessed the much awaited event “Award Ceremony of Meritorious & Excellence” by Dignitaries. This program distributed Certificates of Excellence and awarded a token amount to the best Thesis Award winners. The 1st prize was received by Dr. Niladri Bhattacharya from Department of Rasashastra Evum Bhaishajya Kalpana (RS&BK) on the topic of “Post Marketing Surveillance of Rasaushadhis used Shwasa Roga and Quality Assurance of Shwasakuthara Rasa” under the guidance of Prof. PK Prajapati and Dr. Galib (CTRI Number: CTRI/2017/10/010053) The 2nd Prize was received by Dr. Nikita Sharma from the Department of Samhita and Siddhanta (S&S) on the topic of “A case control study to assess the role of Viruddha Aahaara in Medapradoshajavikaaraas with special reference to Madhumeha” under the guidance of Prof. Mahesh Vyas and Dr. Meera K Bhojani. (CTRI Number: CTRI/2018/05/019758) The 3rd prize was received by Dr. Geetika Pahuja from the

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Department of Dravyaguna and (DG) on the topic of “Pharmacoepidemiological survey to observe the pattern of use of Classical Ayurvedic Herbs used along with Conventional Antidiabetic Medicines in type-2 Diabetes Mellitus and pre-Clinical study for herb-drug interaction of topmost unexplored Plant” under the guidance of Prof. (Dr.) Tanuja Manoj Nesari and Dr. Shivani Ghildiyal. The 2nd most awaited award of the event was the best outgoing student which was received by Dr. Varnika Singh from the Department of Roga Nidan Evum Vikriti Vigyan (RNVV) for all round excellence during the whole academic period. All the students received attractive cash prizes. The audience was then blessed by the auspicious blessings of Hon’ble Minister of State (Independent Charge), Ministry of AYUSH, and Honorable Secretary, Ministry of AYUSH, Padmashree Vd. Rajesh Kotecha blessed the audience with his august address. This was followed by a beautifully choreographed classical dance on Ganesha Vandana by the scholars Dr. Shinsha, Dr. Maitri and Dr. Naina of AIIA. The Hasya Kavi Sammelana was the highlight much awaited event of the extravaganza with Padmashree Rashtra Kavi Ashok Chakradhar and Dr. Tusha Sharma, who tickled the brains of the audience and filled the hall with giggles and laughters, making everyone rejuvenated and refreshed. Vote of Thanks was proposed by Prof. Mahesh Vyas, Dean Ph.D., AIIA and the program concluded with National Anthem and relishing dinner.



Cultural events of the evening: Flute recital by Shri Saurabh Banaudha, Dance form by Shiv Shakti Group, Hasya Kavi Sammelana by Padmashri Shri Ashok Chakradhar



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Presentation of Best Thesis Award to Dr. Geetika Pahuja, Dept. of Dravyaguna
Presentation of Best Outgoing Scholar Award to Dr. Varnika Rani, Dept. of Roga Nidan

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Report on Workshop “Charaka Samhita Vimarsha” 23rd - 28th September, 2019

Charaka Samhita the repository of Ayurveda Science, in its completeness aptly mentions, “यलदहघस्ति तदन्यत्र यत्रेहघस्ति न तत्कलित्”. Thus, it becomes imperative for an Ayurveda aspirant to understand the Charaka Samhita and the motive with which it was written. With this motto, the Department of Samhita Siddhanta, AIIA, makes an effort to organise and dedicate one week for the teaching & learning of Charaka Samhita viz. “Charaka Saptah”. This year, a 06-day workshop “Charaka Samhita Vimarsha” was organised by the Deptt, from 23rd - 28th September, 2019. The invited legendary speakers were Prof. Vd. Anant B. Dharmadhikari, Ex-Director Ayurveda, Govt. of Maharashtra and Dr. Abhijeet Saraf, Reader, S.S.A.M & H., Nashik, Maharashtra. On 23rd September, the Inaugural ceremony was held in the Conference Room, at 12.30 Noon, presided by Prof. Tanuja Manoj Nesari, Director, AIIA. The first lecture was by Prof. Vd. Anant B. Dharmadhikari, explaining the “Pramanatva of Ayurveda” with various examples and references from Charaka Samhita. On the next Day, on 24th September, the morning session was the practical demonstration on the clinical diagnosis based on Samhitas. A patient of Amlapitta (& Amlapitta Induced Ashmari) was called from the OPD, Hospital AIIA and the whole disease was explained. In the post lunch session, a detailed description about “Dosha Dhatu Mala Kalpana and Prakopa Kalpana” was explained by Dr. Abhijeet Saraf. On 25th September, in a post lunch session and the topics viz. “Shuddha Vayu Kalpana, Urustambha Vivechana, Gulma Vivechana and Viruddha Ahara / Vihara Kalpana” were explained. On 26th September, in the morning session, two patient demonstrations on Katishool followed by Ojakshaya were done and allied doubts and questions were also being answered. On 27th September in the morning session, Patient demonstration on PCOD with Primary Infertility was explained. Post lunch session, “Agantuja Vikara, Prakriti, Avarana, and Prameha Kalpana ” were explained. The concluding day was 28th September, 2019. In the morning session, Patient Demonstration on Uveitis and Skin Disorder were done and post lunch session, “Agni Deepana Krama, Grahani Vyapaar, Satmya Vivechana, Swabhavoparamvada, Daivyapashraya Chikitsa and Snehana Avastha” were explained. At the end, the valedictory ceremony was held under the chairmanship of Prof. (Dr.) Tanuja Manoj Nesari, Director, AIIA. The welcome speech was given by Prof. Mahesh Vyas, Head, Dept. of Samhita Siddhanta, AIIA, followed by words of wisdom from both the Resource persons, Prof. Vd. Anant B. Dharmadhikari and Dr. Abhijeet Saraf. In all, 83 scholars from AIIA participated and 19 participants were from outside. The event was organised by the Department of Samhita Siddhanta, AIIA. Prof. Mahesh Vyas, HoD, Deptt of Samhita Siddhant was the Organising Secretary and Dr. Meera Bhojani & Dr. Pankaj Pathak were the Coordinators.



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Facilitation of Resource – Vaidya Abhijeet Sarraf & Vaidya Dharmadhikari ji



The participants of the programme attending the lectures



Group photograph of participants and resource

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Children's day 2018

Children's day celebrations 2018: Department of Kaumarabhritya, All India Institute of Ayurveda (AIIA), New Delhi Celebrated Children's day on 14th November 2018. In continuation of the activities of 3rd Ayurveda Day, this year a Drawing competition on theme "Public Health through Ayurveda" was organized for children. Programme was inaugurated by Director, AIIA and Children below 16 years of age actively participated in the event. The details are as follows: -

Age group	Theme
Group A (up to 05 years)	Colouring
Group B (06 to 09 years)	Drawing Natural Scenery
Group C (13 to 16 years)	Drawing "Pollution free Delhi" or "Importance of Medicinal Plants"

The details of participants are as follows: -

Age group	Total Number of Participants
Group A (upto 05 years)	25
Group B (06 to 09 years)	21
Group C (13 to 16 years)	18
TOTAL	64

A total of 64 children Participated in the event. Chart Paper, Colouring material was provided to all Participants. Fruits and Juice was distributed to all participants along with certificate of participation. Valedictory ceremony was graced by Prof. Tanuja Manoj Nesari, Director, AIIA and Prof. Mahesh Vyas, Dean-Research. The event was coordinated by Dr. Arunkumar Mahapatra, Assistant Professor, Department of Kaumarabhritya.



गौतमपुरी, सरिता विहार, मथुरा रोड, नई दिल्ली -110076

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Photo gallery of Children day Celebrations – 14th November, 2018:

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RAJBHASHA HINDI

All India Institute of Ayurveda continued its thrust on implementation of Official Language policy of Govt. of India. Continuous efforts were made for propagation of Hindi & fulfilment of various obligations under the policy in the year 2018-19. Institute's Official Language Implementation Committee (OLIC) constituted under the Chairmanship of Director organized quarterly meetings of the committee with heads of all the Departments to review the status of progressive use of Hindi in the Institute. Hindi Pakhwada was organized from 14.09.2018 to 28.09.2018 in the Institute. during which various Hindi programmes like OLIC meeting, workshop and Hindi competitions like Hindi Noting & Drafting, Debate, Creative writing and Dictation competition were organized. In order to bring awareness amongst the employees of various departments, Hindi workshops were organized on quarterly basis during the year. On 16.01.2019 the Third Sub-Committee of Parliament on Official Language inspected All India Institute of Ayurveda. As per the decision taken in OLIC meeting, more than 75% of prescriptions were written in Hindi by the Doctors during the year. Hindi was used as a primary mode of communication in most of the seminar/ meetings organized in the Institute.



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