

Research article Discussion through Journal club activity

Introduction:

AIIA endeavors various planned activities to make the Institute a 'State of Art' in fields of Education, Research and Tertiary Care Hospital services. Amongst those activities, utmost importance is given for the skill development in the scholars and at the same time in the faculty and other staff. As part of Academic and research activities, it is imperative to impart knowledge and training to the scholars regarding publishing and writing skills. Looking into this need, the Journal Club the 1st Journal club meet was held on 10th of August, 2018. And this activity is being regularly carried out since February, 2019.

Objectives:

The Journal Club serves the following objectives:

- The foremost aim is to evaluate current research in major journals
- Secondly, the club seeks to bring scholars and faculty from all departments to promote cross-disciplinary criticism of current research
- Thirdly, by assessing the strengths and weaknesses of current research, the Club offers an opportunity to students and faculty to come up with innovative ideas for developing their own paper/research plans.
- They will also be updated with the current literature and will have a platform to discuss the strengths and weaknesses of published work. This will be a continued, excellent, interdisciplinary discussion platform and insight into new journals and publishing at the highest level.

Thus, the benefits of participating in the Journal Club are evident. Journal clubs are a great tradition in medical training and continue to be a valued educational resource.

Looking to the significance of Journal Club activity, this activity is held last working Friday of every month or sometimes weekly in lieu of the Interdepartmental Weekly Seminars on Thursdays. In this regards, Faculty and 2 scholars from each Department are designated as the members of the Journal Club. The membership is on the rotation basis for 2 or 3 consecutive months. The scholars other than the members will be attending the club as audience.

Details of the Journal club meet (April 19 – March 20):

S.No	Date	Journal Club	Presented by
1.	26/4/19	<p>“Ayurvedic management of pakshghata - a case report”</p> <p>Vasan Satish et al / Int. J. Res. Ayurveda Pharm. 7(Suppl 3), Jul - Aug 2016</p>	Dr Mythri
2.	16/5/19	<p>“Ayurvedic Physiology and Etiology: Ayurvedo Amritanaam. The Doshas and Their Functioning in Terms of Contemporary Biology and Physical Chemistry”</p> <p>Hankey A. J Altern Complement Med. 2001 Oct;7(5):567-74. doi: 10.1089/10755530152639792. PMID: 11719949</p>	Dr Charu Sharma Dr Sreenadh
3.	23/5/19	<p>“A test of the systems analysis underlying the scientific theory of Ayurveda's Tridosha”</p> <p>Hankey A. J Altern Complement Med. 2005 Jun;11(3):385-90. doi: 10.1089/acm.2005.11.385. PMID: 15992219</p>	Dr Swarnakanta Dr Mahima
4.	31/5/19	<p>“Establishing the Scientific Validity of Tridosha part 1: Doshas, Subdoshas and Dosha Prakritis”</p> <p>Hankey A. Anc Sci Life. 2010 Jan;29(3):6-18. PMID: 22557353</p>	Dr Bhim Rao Dr Gunjan Patheja
5.	28/6/19	<p>“The Ayurveda Education in India: How Well Are the Graduates Exposed to Basic Clinical Skills?”</p> <p>Patwardhan K, Gehlot S, Singh G, Rathore HC. Evid Based Complement Alternat Med. 2011;2011:197391. doi:</p>	Dr Mukta Dr Bhawna Dutt

		10.1093/ecam/nep113. Epub 2011 Feb 14. PMID: 19687194	
6.	11/6/19	“Ayurvedic preparations for the management of Iron Deficiency Anemia: A systematic review” Samal J. Ayu. 2016 Jul-Dec;37(3-4):163-169. doi: 10.4103/ayu.AYU_47_16. PMID: 29491667	Dr Charu Sharma
7.	2/9/19	“Development of botanicals to combat antibiotic resistance” Gupta PD, Birdi TJ. J Ayurveda Integr Med. 2017 Oct-Dec;8(4):266-275. doi: 10.1016/j.jaim.2017.05.004. Epub 2017 Aug 30. PMID: 28869082	Dr Anshu sharma Dr. Nidhi Dr. Kavita

Details of the Journal club meet (April 20 – March 21):

S. No	Date of Journal Club	Title of Article	Name of Presenters
1.	03 Sep 2020	1 Ayurvedic treatment of COVID-19/SARS-CoV-2 A case report 2 Recurrence of positive SARS-CoV-2 RNA in COVID-19: A case report	Dr. Anita Chaudhary (Samhita Siddhant) Dr. Charu Sharma (Stri Roga Prasuti Tantra) Dr. Meenakshi Sharma (Roga Nidana Vikriti Vigyan) Dr. Ankita Pawar (Roga Nidana Vikriti Vigyan) Dr. Sumedh Joshi (Dravya Guna)
2	17 Sep 2020	1 National Survey of Yoga Practitioners: Mental and Physical Health Benefits 2 Coronavirus Disease 2019 (COVID-19) and pregnancy: what obstetricians need to know	Dr. Aparna Dilip (Kaumarbhritya) Dr. Arsath Jyoti (KayaChikitsa) Dr. Aleena Gauri (Rasa

			shastra Bhaishajya kalpana) Dr. Ekta Sharma (Stri Roga Prasuti Tantra) Dr. Karthik KP (Kaumarabhritya)
3	24 Sep 2020	Case Presentation on Diabetes Mellitus Type 2	Dr. Kundan Vashnik (KayaChikitsa) Dr. Diksha Kabra (Pancha Karma) Dr. Sanket (Shalya Tantra) Dr. Aishwarya (Samhita Siddhanta)
4	29 Jan 2021	Randomised trial of coconut oil, olive oil or butter on blood lipids and other cardiovascular risk factors in healthy men and women	Dr. Gunjan Saberwall (Swasthavritta) Dr. Manish Dhiman (Pancha Karma) Dr. Medha Lakkawer (Roga Nidana Vikriti Vigyan) Dr. Satyajeet Behra (KayaChikitsa) Dr. Yaman Kumar Sharma (Samhita Siddhant)
5	26 Feb 2021	Circadian Rhythm Sleep Disorders Part-I Basic Principles, Shift Work and Jet lag Disorders	Dr. Kulsoom Fareen (Shalya Tantra) Dr. Sadaf Khan (Samhita Siddhant) Dr. Ganesh Tambe (Rasa shastra Bhaishajya kalpana) Dr. Rinku Chauhan (Swasthavritta) Dr. Vaibhav Kakde (Dravya Guna)

List of members for the journal club, AIIAFor Month of Jan-Feb 2022

DEPARTMENT	Ph.D (Batch 2021)	PG (2 nd YEAR)	PG (1 st YEAR)
Ayurved Samhita and Sidhanta	Dr. Vikash Kumar	Dr. RAHUL KUMAR BUROLIA	Dr. Pooja Vashist
Dravyaguna Vigyan	Dr. Shifa Shetty P	Dr. SUMEDH SANJAY JOSHI	Dr. Himanshu Gautam
Kaumarabhritya	Dr. Masooda	Dr. KARTHIK K P	Dr. Vandana Sharma
Kayachikitsa	Dr. Punam Namdeo Khobarkar	Dr. KUNDAN SUSHILKUMAR WASNIK	Dr. Anju S Raj
Kriya Sharira	Dr. Arun Lal K	---	Dr. Dipti Kabadwal
Panchakarma	Dr. Yoshitha C N	Dr. PREETI PATEL	Dr. Tarannum Jahan
Prasuti Tantra evam Stri Roga	Dr. Prajitha. P.K	Dr. POONAM PANDURANG GOUD	Dr. Sandhya Rani Padhi
Rasashastra evam bhaishjya Kalpana	Dr. Shreshtha Kaushik	Dr. ARCHANA	Dr. Sonam Rangnath Dubey
Roga Nidan evam Vikriti Vigyan	Dr. Manjusha P	Dr. VIVEK	Dr. Pushapendra Shehria
Shalakya Tantra	Dr. Jinoop P	Dr. KAVITA SHARMA	Dr. Vandna
Shalya Tantra	Dr. Monika Kumari	Dr. ABHA SHARMA	Dr. Bhanuja Singh
Swasthavaritta	Dr. Jayakrishnan K	Dr. SAPNA KUMARI	Dr. Sonia

Prof. Dr. Sujata Kadam,

Dr. Meera K. Bhojani

Dr. Bhargav Bhide

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Chairman

Coordinator

Coordinator

I/3219/2022



अखिल भारतीय आयुर्वेद संस्थान

ALL INDIA INSTITUTE OF AYURVEDA

(आयुष मंत्रालय, भारत सरकार के अंतर्गत स्वायत्त संस्थान)

(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

F.No. S-50/19/2021-AIIA/3812

Date: 15/11/2022

OFFICE ORDER

As per the directions of the Competent Authority, AIIA, the list of Scholars members of the Journal club is enclosed herewith. These members are kept on rotation basis for two months (For the month of Nov to Dec -2022). The scholars other than the members will attend the Journal club meet and participate in the discussion.

Further, the Journal Club meet will be on 25th November and 30th December at 3.45pm in the Mini Auditorium, Academic Block, AIIA.

The attendance of all the scholars will be marked during the meet.

Encl: a/a

(Prof. Dr. Anand More),
Dean Academics
& Chairman,
Journal Club,

To,

1. All HoDs for information to scholar members & other scholars of their respective Dept.
2. Concerned file
3. PPS to Director
4. Notice Board

I/3219/2022



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(An Autonomous Organization under the Ministry of AYUSH, Govt. of India)

List of members for the journal club, AIIA for Month of Nov- Dec. 2022

DEPARTMENT	Ph.D. - 2022	PG- 2020	PG -2021
Ayurved Samhita and Sidhanta	Dr. Dr. Jiji U Nair	Dr. Dhananjay Kumar	Dr. Shajin K J
Dravyaguna Vigyan	Dr. Nithya V S	Dr. Himanshu Gautam	Dr. Snehal Sharma
Kaumarabhritya	Dr. Praveen Kumar Sharma	Dr. Iqra Khan	Dr. Satabdee Pati
Kayachikitsa	Dr. Manu Ponnappan	Dr. Anju S Raj	Dr. Anjali Nandakumar
Kriya Sharira	Dr. Anju Aravind T	Dr. Dipti Kabadwal	Dr. Rashmi Rekha Acharya
Panchakarma	Dr. Aswathy Y S	Dr. Harshali Arun Shende	Dr. Therokar Sagar Vijay
Prasuti Tantra evam Stri Roga	Dr. Nidhi Tehlan	Dr. Athira K	Dr. Soumya T Sheenappanavar
Rasashastra evam Bhaishjya Kalpana	Dr. Punam Aggarwal	Dr. Balwant Kumar	Dr. Arushi
Roga Nidan evam Vikriti Vigyan	Dr. Khushal Kumar	Dr. Kavita Singariya	Dr. Jyotsnamayee Pal
Shalakya Tantra	Dr. Prem Kumar Goud	Dr. Anupam	Dr. Karan Rathod
Shalya Tantra	Dr. Vinod Kumar	Dr. Deepak Khundia	Dr. Nirupama S
Swasthavaritta	Dr. Monika	Dr. Geeta	Dr. Jyoti Dhanda

List of Faculty members for the journal club, AIIA

- Prof. Dr. Anand More, Dean, PG
- Dr. Meera K. Bhojani, Assistant Professor, Deptt of Samhita Siddhant
- Dr. Bhargav Bhide, Assistant Professor, Deptt of Dravya Guna

Prof. Dr. Anand More, Dean, PG, will be the Chairman & **Dr. Meera K. Bhojani & Dr. Bhargav bhide** will be the coordinator of the journal club activity.